

CASE AND CONTACT MANAGEMENT

2022-03-23

	STAFF IN EDUCATION/HIGH SCHOOL STUDENTS/GENERAL POPULATION OVER 12 YRS		
	PROTECTED Worker is considered protected: If having had COVID-19 after December 20 th 2022	VACCINATED* OR WITH HISTORY OF COVID-19 prior to December 20th *at least one dose	UNVACCINATED WITH NO HISTORY OF COVID-19
1. POSITIVE	N/A – SEE BELOW ‘COVID SYMPTOMS’	<ul style="list-style-type: none"> 5-day isolation If symptoms decreasing and no fever x 24 hrs, can return to activities Must protect others by: Wearing mask at all times, Staying away from vulnerable people, Staying 2 meters from others at all times 	<ul style="list-style-type: none"> 10-day isolation period 21-day isolation for immunosuppressed people, or anyone who was hospitalized (ICU) for COVID-19. <p>*10-day isolation can be reduced if:</p> <ul style="list-style-type: none"> ➤ 5 full days have passed AND ➤ On day 6 symptoms have diminished and no fever X24 hours without medication AND ➤ With a negative rapid test result
2. COVID SYMPTOMS	<ul style="list-style-type: none"> Withdraw from work until symptoms resolve Consider other diagnosis/ test for that diagnosis Apply IP&C* measures for the alternate diagnosis No Rapid or PCR test needed (could test + for up to 6 months after a previous diagnosis of COVID-19) 	<ul style="list-style-type: none"> Isolate immediately Perform a rapid test: If negative: continue to isolate and perform a second test 24-36 hours later, if still negative and symptoms resolved without fever, can return to normal activities, If positive: continue to isolate and follow guidelines in section 1 If able to access a PCR test: If negative: return to normal activities, If positive: continue to isolate and follow guidelines in section 1 	
3. ASYMPTOMATIC CONTACT OF A POSITIVE CASE	<ul style="list-style-type: none"> No isolation – Can work No screening or PCR required Consider other diagnosis/ test for that diagnosis Apply IP&C measures for the alternate diagnosis 	<ul style="list-style-type: none"> FOR ALL TYPES OF CONTACT FOR 10 DAYS AFTER THE LAST CONTACT WITH A POSITIVE CASE: <ul style="list-style-type: none"> ➤ Can go to work ➤ Self-monitor for symptoms ➤ Avoid contact with vulnerable people ➤ Wear a mask during all social interactions ➤ Practice physical distancing of 2 meters where possible If symptoms develop see section 2 	<ul style="list-style-type: none"> FOR HOUSEHOLD/SEXUAL CONTACTS OF A POSITIVE CASE: <ul style="list-style-type: none"> ➤ 5-day isolation from same date as the case ➤ Self-monitor for symptoms ➤ Days 6-10 continue to monitor for symptoms, avoid contact with vulnerable people, wear a mask during all social interactions, practice physical distancing of 2 meters where possible *it is not necessary to prolong isolation for each new positive case in the same family

1. Severe immunosuppression: eg, solid organ transplant recipients, stem cell transplant recipients, hematological cancer undergoing chemotherapy)

*Infection Prevention and Control.